

“REAL” SERIES

Life Group Session #2

Part 2: Conquering FEARS

Scripture Reference: Psalm 27

Welcome to Life Groups. Take some time to welcome any new people that may be attending the group for the first time:

Note: As always - Trust and Transparency go hand and hand... Share only what you are comfortable with.

Begin with prayer: Ask God to open our eyes to His truth – offer the opportunity for others to pray as they feel led.

Scripture Reading: Psalm 27 (*Read entire passage and then take a moment to reflect on it...*)

Note to Leaders: As you work through the questions please refer back to the passage as many times as you feel necessary as well as other supporting passages as the discussion unfolds.

Discussion Guidelines:

1. The goal is that each person would personalize the passage and the questions.
2. Try to answer questions in the FIRST PERSON...
3. Engage in authentic discovery and personal revelation.
4. Don't overthink the questions and spend as much time as you need on each question. **Don't feel you have to answer all the questions. Please refer to additional scriptures as the conversation unfolds.**

Questions this week:

1. How would you describe the majority of your fears?
 - a. False Evidence Appearing Real – Fabricated Fear
 - b. Real Situations that invoke a fearful response
2. Have there been times in your life when your fears seems greater? Describe that period of your life...
3. Have you ever had a fear that you couldn't understand or explain but later came to an understanding? How did you come to that understanding?

4. Why do you think God gave us the emotion called FEAR? What do you think its purpose is? Read Proverbs 1:1-7 and Philippians 2:12 and discuss. Why might God allow fear into our lives? Please see notes below.

Notes on above passage: In Phillipians 2:12 the word “fear” is *phóbos* in the Greek. *“It is commonly used in Scripture – sometimes positively (in relation to God) but more often negatively when withdrawing from the Lord (His will)”*.¹

5. Read 2 Timothy 1:7. In this passage we are told that God did not give us a Spirit of fear – how might we understand this passage in contrast to the passages above? Please see notes below.

Notes on above passage: In 2 Timothy 1:7 the word “fear” in some translations or “timid” in others is the Greek root word *deidō* which mean to be “fear driven”. The Greek word *deilós* used in this passage *“means to be fearful of losses that causes someone to be fainthearted or cowardly falling short in following Christ as Lord.”*²

Closing in Prayer: Take requests based on discussion and needs in the group

¹ <http://biblehub.com/greek/5401.htm>

² <http://biblehub.com/greek/1167.htm>